



August 2009

Practice Schedule (Aug-Dec.)

Raindrops (level 1) 5:30-6:00pm M/T/Th
Storm (level 2) 6:00-7:00pm M/W/Th
Thunder (level 3) 6:00-7:15pm M/T/W/F
Lightning (level 4) 6:00-7:30pm M/T/W/Th/F
Flashes (level 5) 5:30-7:30pm M/T/W/Th/F

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Coaching Staff

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 Mike Monday
 Matt Jeffries
 John Gerling
 Shawn Karnehm
 Emily Kirkpatrick

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 Sue Boor-Treasurer
 Beth Matthies-Secretary
 Dave Nadler-Communications Dir.

www.ftswimming.org

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jm@ftswimming.org

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 <i>Raindrops 2-5:30-6:00pm</i>	4 <i>Raindrops 2-5:30-6:00pm</i>	5	6 <i>Raindrops 2-5:30-6:00pm</i>	7	8
9	10 <i>Raindrops 3-5:30-6:00pm</i>	11 <i>Raindrops 3-5:30-6:00pm</i>	12	13 <i>Raindrops 3-5:30-6:00pm</i>	14	15
16	17 <i>Raindrops 3-5:30-6:00pm</i>	18 <i>Raindrops 3-5:30-6:00pm</i>	19	20 <i>Raindrops 3-5:30-6:00pm</i>	21	22
23	24 <i>Raindrops 3-5:30-6:00pm</i> <i>New swimmer tryout 5:30pm</i> <i>Summer awards party 6pm</i>	25 <i>Raindrops 3-5:30-6:00pm</i>	26 <i>New swimmer tryout 5:30pm</i>	27 <i>Raindrops 3-5:30-6:00pm</i>	28	29
30	31 <i>Raindrops 3-5:30-6:00pm</i> <i>FTSC Swimmer Reg.and practice 5:30-7:30pm</i>					



September 2009

Practice Schedule (Aug-Dec.)
 Raindrops (level 1) 5:30-6:00pm M/T/Th
 Storm (level 2) 6:00-7:00pm M/W/Th
 Thunder (level 3) 6:00-7:15pm M/T/W/F
 Lightning (level 4) 6:00-7:30pm M/T/W/Th/F
 Flashes (level 5) 5:30-7:30pm M/T/W/Th/F

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Raindrops 3-5:30-6:00pm FTSC Swimmer Reg.and practice 5:30-7:30pm	2 FTSC Swimmer Reg.and practice 5:30-7:30pm	3 Raindrops 3-5:30-6:00pm FTSC 5:30-7:30pm	4 FTSC 5:30-7:30pm	5
6	7 LABOR DAY	8 Raindrops 3-5:30-6:00pm FTSC 5:30-7:30pm	9 FTSC 5:30-7:30pm	10 Raindrops 3-5:30-6:00pm FTSC 5:30-7:30pm	11 FTSC 5:30-7:30pm	12
13	14 Raindrops 3-5:30-6:00pm FTSC 5:30-7:30pm	15 Raindrops 3-5:30-6:00pm FTSC 5:30-7:30pm	16 FTSC 5:30-7:30pm	17 Raindrops 3-5:30-6:00pm FTSC 5:30-7:30pm	18 FTSC 5:30-7:30pm	19
20	21 Raindrops 3-5:30-6:00pm FTSC 5:30-7:30pm	22 Raindrops 3-5:30-6:00pm FTSC 5:30-7:30pm	23 FTSC 5:30-7:30pm	24 Raindrops 3-5:30-6:00pm FTSC 5:30-7:30pm	25 FTSC 5:30-7:30pm	26
27	28 Raindrops 3-5:30-6:00pm FTSC 5:30-7:30pm	29 Raindrops 3-5:30-6:00pm FTSC 5:30-7:30pm	30 FTSC 5:30-7:30pm			



October 2009

Practice Schedule (Aug-Dec.)
 Raindrops (level 1) 5:30-6:00pm M/T/Th
 Storm (level 2) 6:00-7:00pm M/W/Th
 Thunder (level 3) 6:00-7:15pm M/T/W/F
 Lightning (level 4) 6:00-7:30pm M/T/W/Th/F
 Flashes (level 5) 5:30-7:30pm M/T/W/Th/F

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
				<i>1</i> Raindrops 3-5:30-6:00pm (final day) FTSC 5:30-7:30pm	<i>2</i> FTSC 5:30-7:30pm Board of Delegates	<i>3</i> Board of Delegates
<i>4</i> Board of Delegates	<i>5</i> FTSC 5:30-7:30pm	<i>6</i> FTSC 5:30-7:30pm	<i>7</i> FTSC 5:30-7:30pm	<i>8</i> FTSC 5:30-7:30pm	<i>9</i> FTSC 5:30-7:30pm	<i>10</i>
<i>11</i>	<i>12</i> FTSC 5:30-7:30pm	<i>13</i> FTSC 5:30-7:30pm	<i>14</i> FTSC 5:30-7:30pm	<i>15</i> FTSC 5:30-7:30pm	<i>16</i> Southside Swimming @ Southport HS	<i>17</i> Southside Swimming @ Southport HS
<i>18</i> Southside Swimming @ Southport HS	<i>19</i> FTSC 5:30-7:30pm	<i>20</i> FTSC 5:30-7:30pm	<i>21</i> FTSC 5:30-7:30pm	<i>22</i> FALL BREAK	<i>23</i> FALL BREAK	<i>24</i>
<i>25</i>	<i>26</i> FTSC 5:30-7:30pm	<i>27</i> FTSC 5:30-7:30pm	<i>28</i> FTSC 5:30-7:30pm	<i>29</i> FTSC 5:30-7:30pm	<i>30</i> FTSC 5:30-7:30pm	<i>31</i> FTSC invitational



November 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 <i>FTSC invitational</i>	2 <i>FTSC 5:30-7:30pm</i>	3 <i>FTSC 5:30-7:30pm</i>	4 <i>FTSC 5:30-7:30pm</i>	5 <i>FTSC 5:30-7:30pm</i>	6 <i>FTSC 5:30-7:30pm</i>	7 <i>Greenwood Gator Fall Invite</i>
8	9 <i>FTSC 5:30-7:30pm</i>	10 <i>FTSC 5:30-7:30pm</i>	11 <i>FTSC 5:30-7:30pm</i>	12 <i>FTSC 5:30-7:30pm</i>	13 <i>FTSC 5:30-7:30pm</i>	14
15	16 <i>FTSC 5:30-7:30pm</i>	17 <i>FTSC 5:30-7:30pm</i>	18 <i>FTSC 5:30-7:30pm</i>	19 <i>FTSC 5:30-7:30pm</i>	20 <i>WTSC @ North Central HS</i>	21 <i>WTSC @ North Central HS</i>
22 <i>WTSC @ North Central HS</i>	23 <i>FTSC 5:30-7:30pm</i>	24 <i>FTSC 5:30-7:30pm</i>	25 <i>FTSC 5:30-7:30pm</i>	26 <i>THANKSGIVING BREAK</i>	27 <i>THANKSGIVING BREAK</i>	28
29	30 <i>FTSC 5:30-7:30pm</i>					

Practice Schedule (Aug-Dec.)

Raindrops (level 1) 5:30-6:00pm M/T/Th
 Storm (level 2) 6:00-7:00pm M/W/Th
 Thunder (level 3) 6:00-7:15pm M/T/W/F
 Lightning (level 4) 6:00-7:30pm M/T/W/Th/F
 Flashes (level 5) 5:30-7:30pm M/T/W/Th/F

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December 2009

Practice Schedule (Aug-Dec.)

Raindrops (level 1) 5:30-6:00pm M/T/Th
 Storm (level 2) 6:00-7:00pm M/W/Th
 Thunder (level 3) 6:00-7:15pm M/T/W/F
 Lightning (level 4) 6:00-7:30pm M/T/W/Th/F
 Flashes (level 5) 5:30-7:30pm M/T/W/Th/F

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		1 <i>FTSC 5:30-7:30pm</i>	2 <i>FTSC 5:30-7:30pm</i>	3 <i>FTSC 5:30-7:30pm</i>	4 <i>FTSC 5:30-7:30pm</i>	5
6	7 <i>FTSC 5:30-7:30pm</i>	8 <i>FTSC 5:30-7:30pm</i>	9 <i>FTSC 5:30-7:30pm</i>	10 <i>FTSC 5:30-7:30pm</i>	11 <i>Indy FINS @ IUPUI Natatorium</i>	12 <i>Indy FINS @ IUPUI Natatorium</i>
13 <i>Indy FINS @ IUPUI Natatorium</i>	14 <i>FTSC 5:30-7:30pm</i>	15 <i>FTSC 5:30-7:30pm</i>	16 <i>FTSC 5:30-7:30pm</i>	17 <i>FTSC 5:30-7:30pm</i>	18 <i>CGAC Distance Invitational @ Mooresville HS</i>	19 <i>CGAC Distance Invitational @ Mooresville HS</i>
20	21 <i>WINTER BREAK</i>	22 <i>WINTER BREAK</i>	23 <i>WINTER BREAK</i>	24 <i>WINTER BREAK</i>	25 <i>WINTER BREAK</i>	26
27	28 <i>WINTER BREAK</i>	29 <i>WINTER BREAK</i>	30 <i>WINTER BREAK</i>	31 <i>WINTER BREAK</i>		



January 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 WINTER BREAK	2
3	4 WINTER BREAK	5 FTSC 7-8:30PM	6 FTSC 7-8:30PM	7 FTSC 7-8:30PM	8 SCSC @ Crawfordsville HS	9 SCSC @ Crawfordsville HS
10 SCSC @ Crawfordsville HS	11 FTSC 7-8:30PM	12 FTSC 7-8:30PM	13 FTSC 7-8:30PM	14 FTSC 7-8:30PM	15 FTSC 7-8:30PM	16
17	18 MARTIN LUTHER KING HOLIDAY	19 FTSC 7-8:30PM	20 FTSC 7-8:30PM	21 FTSC 7-8:30PM	22 FTSC 7-8:30PM	23
24	25 FTSC 7-8:30PM	26 FTSC 7-8:30PM	27 FTSC 7-8:30PM	28 FTSC 7-8:30PM	29 BBSC @ IUPUI Natatorium (Minimum BB times)	30 BBSC @ IUPUI Natatorium (Minimum BB times)
31 BBSC @ IUPUI Natatorium (Minimum BB times)						

Practice Schedule (Aug-Dec.)

Raindrops (level 1) 5:30-6:00pm M/T/Th
 Storm (level 2) 6:00-7:00pm M/W/Th
 Thunder (level 3) 6:00-7:15pm M/T/W/F
 Lightning (level 4) 6:00-7:30pm M/T/W/Th/F
 Flashes (level 5) 5:30-7:30pm M/T/W/Th/F

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February 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 <i>FTSC 7-8:30PM</i>	2 <i>FTSC 7-8:30PM</i>	3 <i>FTSC 7-8:30PM</i>	4 <i>FTSC 7-8:30PM</i>	5 <i>WTSC @ North Central HS</i>	6 <i>WTSC @ North Central HS</i>
7 <i>WTSC @ North Central HS</i>	8 <i>FTSC 7-8:30PM</i>	9 <i>FTSC 7-8:30PM</i>	10 <i>FTSC 7-8:30PM</i>	11 <i>FTSC 7-8:30PM</i>	12 <i>FTSC 7-8:30PM</i>	13
14	15 <i>PRESIDENT'S DAY</i>	16 <i>FTSC 7-8:30PM</i>	17 <i>FTSC 7-8:30PM</i>	18 <i>FTSC 7-8:30PM</i>	19 <i>FTSC 7-8:30PM</i>	20
21	22 <i>FTSC 7-8:30PM</i>	23 <i>FTSC 7-8:30PM</i>	24 <i>FTSC 7-8:30PM</i>	25 <i>FTSC 7-8:30PM</i>	26 <i>LST @ Lawrence N HS</i>	27 <i>LST @ Lawrence N HS</i>
28 <i>LST @ Lawrence N HS</i>						

Practice Schedule (Aug-Dec.)

Raindrops (level 1) 5:30-6:00pm M/T/Th
 Storm (level 2) 6:00-7:00pm M/W/Th
 Thunder (level 3) 6:00-7:15pm M/T/W/F
 Lightning (level 4) 6:00-7:30pm M/T/W/Th/F
 Flashes (level 5) 5:30-7:30pm M/T/W/Th/F

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March 2010

Practice Schedule (Aug-Dec.)
 Raindrops (level 1) 5:30-6:00pm M/T/Th
 Storm (level 2) 6:00-7:00pm M/W/Th
 Thunder (level 3) 6:00-7:15pm M/T/W/F
 Lightning (level 4) 6:00-7:30pm M/T/W/Th/F
 Flashes (level 5) 5:30-7:30pm M/T/W/Th/F

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5 <i>East Central Divisional Championships @ Noblesville</i>	6 <i>East Central Divisional Championships @ Noblesville</i>
7 <i>East Central Divisional Championships @ Noblesville</i>	8	9	10	11	12 <i>Senior State Championships @ IUPUI Natatorium</i>	13 <i>Senior State Championships @ IUPUI Natatorium</i>
14 <i>Senior State Championships @ IUPUI Natatorium</i>	15	16	17	18	19 <i>Age Group State Championships @ IUPUI Natatorium</i>	20 <i>Age Group State Championships @ IUPUI Natatorium</i>
21 <i>Age Group State Championships @ IUPUI Natatorium</i>	22	23	24	25	26	27
28	29 <i>SPRING BREAK</i>	30 <i>SPRING BREAK</i>	31 <i>SPRING BREAK</i>			



April 2010

Practice Schedule (Aug-Dec.)

Raindrops (level 1) 5:30-6:00pm M/T/Th
 Storm (level 2) 6:00-7:00pm M/W/Th
 Thunder (level 3) 6:00-7:15pm M/T/W/F
 Lightning (level 4) 6:00-7:30pm M/T/W/Th/F
 Flashes (level 5) 5:30-7:30pm M/T/W/Th/F

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 <i>SPRING BREAK</i>	2 <i>SPRING BREAK</i>	3
4	5 <i>FTSC New Swimmer Try outs 5:30pm</i>	6	7 <i>FTSC New Swimmer Try outs 5:30pm</i>	8	9	10
11	12 <i>FTSC 5:30-7:30pm</i>	13 <i>FTSC 5:30-7:30pm</i>	14 <i>FTSC 5:30-7:30pm</i>	15 <i>FTSC 5:30-7:30pm</i>	16 <i>FTSC 5:30-7:30pm</i>	17
18	19 <i>FTSC 5:30-7:30pm</i>	20 <i>FTSC 5:30-7:30pm</i>	21 <i>FTSC 5:30-7:30pm</i>	22 <i>FTSC 5:30-7:30pm</i>	23 <i>FTSC 5:30-7:30pm</i>	24
25	26 <i>FTSC 5:30-7:30pm</i>	27 <i>FTSC 5:30-7:30pm</i>	28 <i>FTSC 5:30-7:30pm</i>	29 <i>FTSC 5:30-7:30pm</i>	30 <i>FTSC 5:30-7:30pm</i>	



May 2010

Practice Schedule (Aug-Dec.)

Raindrops (level 1) 5:30-6:00pm M/T/Th
 Storm (level 2) 6:00-7:00pm M/W/Th
 Thunder (level 3) 6:00-7:15pm M/T/W/F
 Lightning (level 4) 6:00-7:30pm M/T/W/Th/F
 Flashes (level 5) 5:30-7:30pm M/T/W/Th/F

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						1
2	3 <i>FTSC 5:30-7:30pm</i>	4 <i>FTSC 5:30-7:30pm</i>	5 <i>FTSC 5:30-7:30pm</i>	6 <i>FTSC 5:30-7:30pm</i>	7 <i>FTSC 5:30-7:30pm</i>	8
9	10 <i>FTSC 5:30-7:30pm</i>	11 <i>FTSC 5:30-7:30pm</i>	12 <i>FTSC 5:30-7:30pm</i>	13 <i>FTSC 5:30-7:30pm</i>	14 <i>FTSC 5:30-7:30pm</i>	15
16	17 <i>FTSC 5:30-7:30pm</i>	18 <i>FTSC 5:30-7:30pm</i>	19 <i>LAST DAY OF SCHOOL FTSC 5:30-7:30pm</i>	20 <i>FTSC 5:30-7:30pm</i>	21 <i>FTSC 5:30-7:30pm</i>	22
23	24 <i>FTSC 5:30-7:30pm</i>	25 <i>FTSC 5:30-7:30pm</i>	26 <i>FTSC 5:30-7:30pm</i>	27 <i>FTSC 5:30-7:30pm</i>	28 <i>FTSC 5:30-7:30pm</i>	29
30	31 <i>MEMORIAL DAY</i>					



June 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 <i>FTSC 5:30-7:30pm</i>	2 <i>FTSC 5:30-7:30pm</i>	3 <i>FTSC 5:30-7:30pm</i>	4 <i>FTSC 5:30-7:30pm</i>	5
6	7 <i>FTSC 5:30-7:30pm</i>	8 <i>FTSC 5:30-7:30pm</i>	9 <i>FTSC 5:30-7:30pm</i>	10 <i>FTSC 5:30-7:30pm</i>	11 <i>FTSC 5:30-7:30pm</i>	12
13	14 <i>FTSC 5:30-7:30pm</i>	15 <i>FTSC 5:30-7:30pm</i>	16 <i>FTSC 5:30-7:30pm</i>	17 <i>FTSC 5:30-7:30pm</i>	18 <i>FTSC 5:30-7:30pm</i>	19
20	21 <i>FTSC 5:30-7:30pm</i>	22 <i>FTSC 5:30-7:30pm</i>	23 <i>FTSC 5:30-7:30pm</i>	24 <i>FTSC 5:30-7:30pm</i>	25 <i>FTSC 5:30-7:30pm</i>	26
27	28 <i>FTSC 5:30-7:30pm</i>	29 <i>FTSC 5:30-7:30pm</i>	30 <i>FTSC 5:30-7:30pm</i>			

Practice Schedule (Aug-Dec.)

Raindrops (level 1) 5:30-6:00pm M/T/Th
 Storm (level 2) 6:00-7:00pm M/W/Th
 Thunder (level 3) 6:00-7:15pm M/T/W/F
 Lightning (level 4) 6:00-7:30pm M/T/W/Th/F
 Flashes (level 5) 5:30-7:30pm M/T/W/Th/F

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July 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 <i>FTSC 5:30-7:30pm</i>	2 <i>FTSC 5:30-7:30pm</i>	3
4 <i>INDEPENDENCE DAY</i>	5	6	7	8	9	10
11	12 <i>FTSC 5:30-7:30pm</i>	13 <i>FTSC 5:30-7:30pm</i>	14 <i>FTSC 5:30-7:30pm</i>	15 <i>FTSC 5:30-7:30pm</i>	16 <i>FTSC 5:30-7:30pm</i>	17
18	19 <i>FTSC 5:30-7:30pm</i>	20 <i>FTSC 5:30-7:30pm</i>	21 <i>FTSC 5:30-7:30pm</i>	22 <i>FTSC 5:30-7:30pm</i>	23 <i>FTSC 5:30-7:30pm</i>	24
25	26 <i>FTSC 5:30-7:30pm</i>	27 <i>FTSC 5:30-7:30pm</i>	28 <i>FTSC 5:30-7:30pm</i>	29 <i>FTSC 5:30-7:30pm</i>	30 <i>FTSC 5:30-7:30pm</i>	31

Practice Schedule (Aug-Dec.)

Raindrops (level 1) 5:30-6:00pm M/T/Th
 Storm (level 2) 6:00-7:00pm M/W/Th
 Thunder (level 3) 6:00-7:15pm M/T/W/F
 Lightning (level 4) 6:00-7:30pm M/T/W/Th/F
 Flashes (level 5) 5:30-7:30pm M/T/W/Th/F

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